

Week Three : World Creation : Chat History

p.s. John Adams is because I sent the wrong Zoom link out : hope you can identify yourself

13:59:55 From Rev J (Jennifer) to Everyone : hi, I'm writing autobiography educational

14:01:14 From beth to Everyone : hi, im writing about my battle with addiction, toxic relationships and being a single mum

14:01:29 From Anne Thorn to Everyone : I'm writing an inspirational memoir about losing my son and how I have survived

14:01:37 From Annabel Jones to Everyone : Hello I'm writing crime fiction.

14:01:40 From Rev J (Jennifer) to Everyone : beth similar

14:01:44 From Suzanne Elston to Everyone : children's book, family biography, cautionary tale/novel

14:01:50 From SIRI to Everyone : Novel with short stories, or a novel in one chapter, about life as an artist/sentient/psychic/ hum-angel

14:02:01 From Chris Maxwell to Everyone : I'm writing a handbook for teaching mindfulness in the classroom

14:02:08 From Rev J (Jennifer) to Everyone : suzanne have children book also

14:02:43 From Theresa Rose to Everyone : I'm writing about the Celtic Medicine Wheel

14:02:47 From Isabelle DeMarte to Everyone : hello, I'm writing a scholarly article on Amélie Nothomb's epistolary novel « Life Form » . I'm writing in French !

14:02:49 From Suzanne Elston to Everyone : Rev. Jennifer message me?

14:02:53 From Suzanne Brooker to Everyone : Soul journey , learning who you are and tools and techniques

14:03:00 From Liz Goddard to Everyone : Mine was called the goddess connection about sovereignty - this wasn't something I thought it would be

14:03:01 From Penny Nock to Everyone : I have no idea what I'm writing about. I quite fancy a comedy though :))

14:03:09 From Don McAvinchety to Everyone : I'm writing a book about spiritual life, how we are all in essence divine and how to move mindfully toward expressing this nature, and developing our 'Narrative Self' in this way.

14:03:15 From SIRI to Everyone : If your book wants illustrations, I am here for you: siri@siriopli.com

14:03:22 From *John Adams* to Everyone : I'm writing a retelling of a famous fairy tale in today's setting. Novel. Usual suspects, jealousy ,insecurity, manipulation and ... some humour!

14:04:04 From JJ Stenhouse to Everyone : Short stories for the new age ;)

14:04:17 From *John Adams* to Everyone : My vision is to write a book to deeply resonate with the trauma and experiences of adoption for mother and baby -

14:06:48 From *John Adams* to Everyone : I have found your meditation about illusion and time really helpful. thank you Tom

14:07:15 From SIRI to Everyone : The person who wrote this, email me! My vision is to write a book to deeply resonate with the trauma and experiences of adoption for mother and baby -

14:07:29 From Don McAvinchety to Everyone : Siri, I'd be interested in talking with you about illustrations for my book

14:07:50 From SIRI to Everyone : Great Don! Email me , please xx

14:08:07 From Don McAvinchety to Everyone : Your email address, Siri?

14:08:14 From SIRI to Everyone : siri@siriopli.com

14:08:44 From Nicola Farmer to Everyone : I am writing a book that will share spiritual and life experiences and become a book of self realisation, records and a workbook.

14:08:56 From Mary Middleton to Everyone : I am creating a psychological thriller, a therapist and her client and what should not happen in the therapeutic process.

14:09:19 From Rev J (Jennifer) to Everyone : Suzanne email address? mine is soul2soulvibrations@gmail.com

14:32:34 From Kim Searle - Emotional Mastery to Everyone : I found I started quite logically, but then when I used your word middle, it opened up the creative side! Thank you

14:32:37 From Kim Searle - Emotional Mastery to Everyone : Loved the exercise

14:33:28 From Gwen Cover to Everyone : I became tearful. Strange! I'm not sure what this relates to yet!

14:33:49 From Louiza Audi to Everyone : I'm trying to share the map but I don't know how

14:34:17 From Rev J (Jennifer) to Everyone : I was also Louisza but more so becuz I was frustrated I couldn't understand it. blessings

14:39:41 From Rev J (Jennifer) to Tom Evans(Direct Message) : I've got nothing...maybe come later on. I'll try again another time

14:41:25 From Tom Evans to Rev J (Jennifer)(Direct Message) : As Yoda says Try to Not Try - you might find just a sketch and no words does the trick

14:41:39 From Kim Searle - Emotional Mastery to Everyone : Question: the takeaways by the reader - I am assuming I don't really know yet, would random words on the first 4 branches still work?

14:43:06 From Don McAvinchety to Everyone : This is a really valuable exercise, Tom!

14:43:14 From Vanessa Halipi to Everyone : I find I'm always battling with a critical voice saying the ideas are silly or too airy fairy

14:43:15 From Nicola Farmer to Everyone : One of my favourite tools is a Thesaurus

14:43:54 From SIRI to Everyone : Vanessa fire them! :)

14:44:35 From Rev J (Jennifer) to Everyone : As soon as I typed what I typed, it opened up for me, thank you. I got out of the way

14:44:39 From Poppy to Everyone : Tom, the more vapid reasons were on the right side of the page but the more spiritual came out on the left of the page....

14:45:09 From Don McAvinchety to Everyone : Can you talk about the role of personal power in evolving this way?

14:46:33 From Suzanne Elston to Everyone : tears of release too

14:46:39 From Celynn Morin to Everyone : And also tears of release ...

14:46:40 From Celynn Morin to Everyone : snap

14:48:13 From Gwen Cover to Everyone : So true - the purpose of tears and the impact of this.

14:48:45 From Mary Middleton to Everyone : This is a journey of self-discovery, very empowering.

14:51:22 From Mary Jo to Everyone : Tom - Susan from Peru has a question. If there is time can you unmute her? She is only on by phone

14:52:34 From Suzanne Elston to Everyone : yes. yes please, Tom.

14:52:39 From Gwen Cover to Everyone : Yes please (tour around the cube)

14:56:25 From Suzanne Elston to Everyone : isn't this what building capacity is all about?

14:57:17 From Gwen Cover to Everyone : WOW!

14:57:27 From Celynn Morin to Everyone : I will bring the champagne!

14:57:31 From Suzanne Elston to Everyone : You are such a blessing, Tom. ❤️🙏😊

14:58:06 From Rev J (Jennifer) to Everyone : Suzanne Brooker, I sent you a FB Messenger message. I'm Jennifer Rachlin Holbrook on FB.

14:58:38 From Vanessa Halipi to Everyone : thank you everyone going to pick up my boy

14:58:46 From Suzanne Brooker to Everyone : what book is that Don?

14:59:25 From Mary Jo to Everyone : For me right now this is all play - so no pressure

14:59:54 From Don McAvinchety to Everyone : The MindMap Book by the author Tom mentioned [Tony Buzan]

15:00:16 From Julia Lee to Everyone : how about tuning into different parts of the body to see what they have to offer up?

15:00:28 From Nicola Farmer to Everyone : I love the term Heart Mapping. Mapping through the heart flows much easier than using the mind and it enables the channelling to move with grace and ease and

15:00:30 From Celynn Morin to Everyone : @Julia ... I do that a lot

15:00:36 From Mary Jo to Everyone : Thank you!!

15:00:44 From Catherine Edwards to Everyone : Brilliant thanks

15:00:45 From shawnsisneros to Everyone : Yes I would love a tour around the cube, Tom.

15:00:45 From Rev J (Jennifer) to Everyone : TY Tom so blessed to see you

15:00:45 From Julia Lee to Everyone : fab Mary !

15:00:47 From Poppy to Everyone : Thank you Tom. I have to leave on the dot but thanks so much.

15:00:49 From Suzanne Brooker to Everyone : Thank you xx

15:00:49 From Theresa Rose to Everyone : Thanks Tom ❤️

15:00:54 From SIRI to Everyone : TAKK! <3

15:00:55 From beth to Everyone : thanks very much, great session

15:00:56 From JJ Stenhouse to Everyone : Thanks Tom!

15:00:56 From Gwen Cover to Everyone : Thank you so much Tom.

15:01:05 From beth to Everyone : me

15:01:05 From Suzanne Elston to Everyone : off to walk my dogs as well!

15:01:12 From Nikki Wood to Everyone : Thanks to everyone. Enjoy your weekends

15:01:18 From beth to Everyone : rev it was me

15:01:20 From Looby Lu Kitchin to Everyone : Thank you so much, Tom

15:01:35 From shawnsisneros to Everyone : Thank you again so much, Tom.

15:01:39 From Penny Nock to Everyone : Thanks Tom - great meeting. X

15:01:44 From Nicola Farmer to Everyone : I love the term Heart Mapping. Mapping through the heart flows much easier than using the mind and it enables the channelling to move with grace and ease xXx

15:01:47 From Mel Ross to Everyone : Fab Tom, as always! Also, I'm writing two books, one for leaders and becoming consciously aware. Then a book about Kai a dog that wakes up on morning and finds he's the only dog in the world that can wag his tail...and so the adventure begins...

15:01:52 From Anula Courtis to Everyone : Thank you!

15:02:02 From Chris Maxwell to Everyone : Thank you so much Tom- if anyone wants to connect with writing a how to use mindfulness in the classroom. My email is chrismaxwell@blueyonder.co.uk

15:02:09 From Suzanne Milbourne to Everyone : Rev Jennifer my email is suzammemilbourne62@gmail.com

15:02:17 From Mel Ross to Everyone : I'd love for a buddy if anyone connects with what I mentioned. M Thanks everyone. mel.ross@adapt2digital.com

15:02:48 From Suzanne Milbourne to Everyone : Should read suzannemilbourne62@gmail.com

15:03:23 From SIRI to Everyone : for_illustrations.siri@siriopli.com